

Trip Planning Worksheet Instructions:

The following details are designed to help you prepare for your upcoming Wilderness Canoe Base experience. Please read through the document and fill out the appropriate details on the Trip Worksheet. When completed, submit the form at least two weeks prior to your arrival.

Group Members

Please fill the worksheet out as completely as possible so we have correct information about your group. If there are any changes to the group after you send in the worksheet, please call and let us know what they are. For Island Camp or Building Crew groups larger than eight people, please continue the list of names and ages until all participants are listed. On the line that says "Adult," please place the name of the trip advisor.

Program Options

Solitude – While working as a team is a part of your journey, it is also a part of the Boundary Waters experience to have time to reflect in solitude. Your guide can prepare you to spend time in solitude and help your group focus on the joy and peace found in silence.

Work/Service Day (Canoe Groups and Island Camp Only)– If your group would like to spend time before or after your journey at the camp we can provide some great service opportunities. Work days are a natural way to build group strength and cohesion. Volunteering at the camp also provides a great understanding as to what it means to live in the wilderness.

Rock climbing – This activity proves to be a great team builder as well as a great self-esteem builder for campers of all ages. We provide two staff members to lead this half-day experience out at our climbing site (about a 45 minute paddle from camp).

Fishing – We would be happy to make proper accommodations to see that your group has plenty of time for fishing. Generally speaking your group would not travel as far from camp as others, but this will allow ample time to wet your lines and who knows what you'll pull up – trout, bass, northern, walleye, and maybe some old French Voyageur's moccasin. Campers are responsible for their own fishing license and gear.

Team Building – All groups will experience team building to some degree. However, with this as an emphasis your guide will lead you through daily wilderness life by offering challenges and initiatives that allow each camper to grow through the strength of the team. When you are in the wilderness it is not an option to give up on one another. Groups will learn that each of us is blessed with certain strengths and weaknesses. It is only through the team that groups will accomplish all of their goals.

Overnight Camping (Building Crews and Island Camp Only) – Building Crews and Island Camp are offered the opportunity for a night out on trail, sleeping at a campsite outside the BWCA. This is often accompanied by a day paddle around Seagull Lake and/or Rock Climbing. Dinner and breakfast are eaten at the campsite.

Other – Please feel free to ask about other options and share requests that you have. We believe that the beauty of the area provides a background for a great experience. However, we also recognize that relationships are the key to ensuring a great experience. We are ready to serve your group and will try our best to build a trip that suits your needs. Indicate opportunities that you would like to see on the worksheet that follows.

Departure Options

We understand that many groups have a long ride home after leaving Wilderness Canoe Base. In order to help us plan appropriately, please indicate your intentions on the worksheet portion of this packet.

Notes

Are there other notes that you would like to share about your group? If so, we have left some room at the bottom of the worksheet so that you can keep us informed. Are there any special circumstances of which we need to be aware? Do you have a friend whom you would like to refer to Wilderness – prospective staff member or canoe group? Do you have traditions from home that you would like to see incorporated into your canoe trip, building crew, or island camp experience? Always feel free to call the camp with your questions and thoughts.

Plan to leave behind your TVs, electronics, motorized transportation and cell phones in the vehicle.

Trip Planning Worksheet

Please return this portion of the Trip Planning Packet as soon as possible. Send in one copy for each canoe or backpack reservation. Forms should be submitted to:

Wilderness Canoe Base
12477 Gunflint Trail
Grand Marais, MN 55604

Email: wcboffice@campwapo.org
Fax: (218) 388-9400 (May-August)

Your Church/Organization _____

Address _____

City _____ State _____ Zip _____

Adult Advisor _____

Home # (_____) _____ Work # (_____) _____

E-mail _____

Dates of Trip _____

Group Members:	Name	Age
----------------	------	-----

Adult Advisor _____

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

Building Crews and Island Camp: Continue the list of names and ages until all campers/participants are named.

Please list any group members with dietary concerns and details about those concerns (vegetarian, vegan, food allergies, gluten intolerance, etc.):

Share a little bit about the background of your group:

Camper goals and objectives for this trip:

Group contact and Adult Advisor objectives for this trip:

Program Options:

Solitude

Fishing

Work/Service Day (Canoe/Island Camp)

Team Building

Rock Climbing

Overnight (Building Crew/Island Camp)

Other:

Estimated Arrival Time: _____ **AM / PM**

(Registration is between 1:30 and 3:00 p.m. on the day of arrival, unless prior arrangements are made with the office)

Group Departure Options:

Canoe Trip

Traditional – paddle into camp, clean equipment, sauna, reflections, and lunch in the dining hall. Depart after lunch.

Early – paddle into camp, clean equipment, sauna, reflections. Depart around 11:00am before lunch.

Overnight – afternoon paddle into camp, clean equipment, sauna, reflections, overnight at the Base. Depart after breakfast the following morning.

Building Crews/Island Camp

Early – Depart after breakfast on the last day.

Traditional – Depart after lunch on the last day.

Notes:
